

ORELAND SWIM TEAM SCHEDULE, 2009 SEASON

Swimming Practice Schedule at Oreland Swim Club (practice begins on Wednesday, May 27)

- WEDNESDAY MAY 27 & THURSDAY MAY 28, NEW SWIMMERS AND ALL 10&U AND 8&U REQUIRED TESTING AT OSC POOL, 4 PM-4:45 PM
- PRACTICE FROM 5/27-6/5
 - 4:00 PM – 5:00 PM 8&UNDER, 10&UNDER
 - 5:00 PM – 6:30 PM 11&OVER
- PRACTICE FROM 6/8-6/12
 - 5:00 PM – 6:00 PM 8&UNDER, 10&UNDER
 - 6:00 PM – 7:30 PM 11&OVER
- PRACTICE FROM 6/15 – END OF SEASON
 - 7:45 – 9:30 AM – HIGH SCHOOL LEVEL
 - 9:30 – 10:30 AM – 11 AND OLDER
 - 10:30 AM – 11:20 AM – 8 AND 10 AND UNDER

NOTE: Schedule Subject to change. Coaches may move your child to a different practice time.

Divers practice

- May 27–June 12 Divers practice either at 3:30- to 4:30 PM OR 4:30 to 5:30 PM based on school schedules
- June 15 to end of season – To Be Announced by Diving Coaches

CSL Meet Schedule

For **Saturday meets**, Diving warm-up is 7AM and diving begins at 8:00 AM, swimming warm up begins at 9 AM meet begins 9:30 AM.

For **weeknight meets** Diving warm-up begins at 4 PM, meets starts at 5 PM, swimming warm up begins at 6 PM and meet starts at 6:30 PM.

CSL REGULAR SEASON

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| MEET 1- TUESDAY JUNE 23 | AT FORT WASHINGTON |
| MEET 2- SATURDAY JUNE 27 | HOME vs MAPLE MANOR |
| MEET 3- TUESDAY JUNE 30 | AT MANORLU |
| MEET 4- TUESDAY JULY 7 | AT UPPER MORELAND |
| MEET 5- SATURDAY JULY 11 | HOME vs HIDEAWAY |
| MEET 6- TUESDAY JULY 14 AT | MAPLEWOOD |
| MEET 7- THURSDAY JULY 16 | HOME vs LENAPE VALLEY |

CSL CHAMPIONSHIPS

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| SWIMMING B CHAMPS WEDNESDAY JULY 22 | AT LENAPE VALLEY |
| DIVING CHAMPS (A AND B) FRIDAY JULY 24 | AT UPPER MORELAND |
| A CHAMPS SATURDAY JULY 25 | AT MAPLEWOOD |

INVITATIONALS

SPRINGFIELD CUP – DATE AND LOCATION TO BE ANNOUNCED

CJ MARTIN IS AT MAPLE MANOR AND IS THURSDAY JULY 9.

Important Dates

May 27 and May 28 at 5 PM, Parents Meeting during registration season start

July 1, Team Pictures at OSC, 9:00 AM (Order forms and CHECKS must be filled out)

Monday, July 20, Team Awards: **Each family to bring desert and soda**

5:00 PM – 7:00 PM **TEAM ONLY** Party (parents drop off children)

7:00 PM AWARDS CEREMONY. PARENTS RETURN.